

Annexin V-APC/7-AAD Apoptosis Kit

Introduction

Annexin V is a cellular protein, which plays important roles in the inhibition of the activity of phospholipase A1 and blood coagulation by competing for phosphatidylserine (PS) binding sites with prothrombin. Annexin V has a high affinity to PS and is used as a probe to detect cells that have expressed PS on the cell surface. After initiating apoptosis, cells translocate phosphatidylserine (PS) from the inner face of the plasma membrane to the cell surface soon, which can be easily detected by Annexin V.

Annexin V-APC/7-AAD Apoptosis Kit uses a fluorescent conjugate of Annexin V that can easily detect PS on the cell surface after initiating apoptosis. The one-step staining procedure needs only 15-30 minutes. The result can be analyzed by fluorescence microscopy or by flow cytometry. The Annexin V-APC/7-AAD Apoptosis Kit can differentiate apoptosis vs necrosis when performing both Annexin V-APC and 7-AAD staining.

Components and Storage

Components \ Size	20 Tests	100 Tests	200 Tests	Storage
Annexin V-APC Reagent	100 μ L	500 μ L	1 mL	4°C away from light
7-AAD	100 μ L	500 μ L	1 mL	4°C away from light
10X Binding Buffer	2 mL	10 mL	20 mL	4°C
Shipping: Blue ice	Shelf life: 6 months			

Protocol

1. Induction of apoptosis by the desired method.
2. Collect cells.
 - 1) For suspension cells: 300×g centrifugation for 5 min, and the supernatant of the medium is discarded.
 - 2) For adherent cells: Try to use EDTA-Free trypsin to digest cells, 300×g centrifugation for 5 min, and the supernatant is discarded.
3. Wash cells with pre-chilled PBS and collect $1-5 \times 10^5$ cells.
4. Dilute 1 mL 10X Binding Buffer per 9 mL ddH₂O to make the 1X Binding Buffer. Resuspend cells in 100 μ L of 1X Binding Buffer.
5. Add 5 μ L of Annexin V-APC reagent and 5 μ L of 7-AAD. Incubate at room temperature for 15-30 min in the

dark.

***Note:** Mix Annexin V-APC Reagent well before use.

6. After incubation, resuspend cells in 500 μ L of pre-chilled 1X Binding Buffer.
7. Perform the detection with flow cytometry or fluorescence microscopy as soon as possible. If testing is not possible immediately, place the sample on ice and test within 1 hour.
 - 1) Flow Cytometry: Annexin V-APC is red fluorescent (Ex/Em: 651/660 nm). 7-AAD is red fluorescent (Ex/Em: 550/647 nm).
 - 2) Fluorescence Microscopy: Add 30-50 μ L of the cell suspension from step 5 dropwise to a glass slide, cover the cells with a coverslip, and observe under fluorescence microscopy.

***Note:** In general, microscopy-based analysis recommends an appropriate increase in the concentration of Annexin V compared to the dosage used for flow cytometry.

Note

1. Annexin V-APC Reagent is not allowed to be frozen. At the same time, it needs to be protected from light.
2. Since apoptosis is a rapid process, it is recommended to complete the analysis within 1 h after staining. Otherwise, it may lead to an increase in the number of apoptosis or necrotic cells.
3. Since the Annexin V method determines the occurrence and stage of apoptosis by detecting changes in the cell membrane, it is not suggested to fix or permeabilize the membrane with fixatives or permeabilizers that disrupt the integrity of the cell membrane before staining with Annexin V-APC and 7-AAD.
4. During the whole operation, the action should be as gentle as possible, and the cells should not be pipetted forcefully to avoid mechanical damage to the cells.
5. If the sample is derived from blood, be sure to remove platelets from the blood. Because platelets contain PS, they can bind to Annexin V, which can interfere with the results. Platelets can be washed using a buffer containing EDTA and centrifugation at 1400 rpm (200 \times g).
6. Please centrifuge the reagent briefly before opening the cap, and throw the liquid on the inner wall of the cap to the bottom of the tube to avoid the liquid spilling when the cap is opened.
7. Mechanical damage caused by digestion of adherent cells should be avoided as much as possible. At the same time, the digestion fluid of trypsin should be EDTA-free as much as possible, because EDTA will affect the binding of Annexin V to PS. If EDTA-containing trypsin is used, the cells should be washed thoroughly after collection to ensure that the EDTA is cleanly removed.
8. For your safety and health, please wear lab coats and gloves during the experiment.
9. For research use only. Not to be used in clinical diagnostic or clinical trials.

Troubleshooting

Problems	Cause	Solution
High Background	<ul style="list-style-type: none"> Cell density is higher than recommended Increased volumes of components added Incubation of cell samples for extended periods Use of extremely confluent cells Contaminated cells 	<ul style="list-style-type: none"> Refer to datasheet and use the suggested cell number Use calibrated pipettes accurately Refer to datasheets and incubate for exact times Perform assay when cells are at 80-95% confluency Check for bacteria/ yeast/ mycoplasma contamination
Lower signal levels	<ul style="list-style-type: none"> Washing cells with PBS before/after fixation (adherent cells) Cells did not initiate apoptosis Very few cells used for analysis Incorrect setting of the equipment used to read samples Use of expired kit or improperly stored reagents 	<ul style="list-style-type: none"> Always use binding buffer for washing cells Determine the time-point for initiation of apoptosis after induction (time-course experiment) Refer to data sheet for appropriate cell number Refer to datasheet and use the recommended filter setting Always check the expiry date and store the components appropriately
Erratic results	<ul style="list-style-type: none"> Uneven number of cells seeded in the wells Adherent cells dislodged at the time of experiment Incorrect incubation times or temperatures Incorrect volumes used Increased or random staining observed in adherent cells 	<ul style="list-style-type: none"> Seed only healthy cells (correct passage number) Perform experiment gently and in duplicates or triplicates for each treatment Refer to datasheet & verify correct incubation times and temperatures Use calibrated pipettes and aliquot correctly Always stain cells with Annexin before fixation (makes cell membrane leaky)
*Note: The most probable cause is listed under each section. Causes may overlap with other sections.		

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