



```

NAME      Rapamycin
EXPNO     1
PROCNO    1
Date_     20130717
Time_     11.14
INSTRUM   spect
PROBHD    5 mm PABBO BB-
PULPROG   zg30
TD         32768
SOLVENT   DMSO
NS         16
DS         2
SWH        6009.615 Hz
FIDRES     0.183399 Hz
AQ         2.7263477 sec
RG         287
DW         83.200 usec
DE         6.50 usec
TE         298.0 K
D1         1.00000000 sec
TD0        1

===== CHANNEL f1 =====
SFO1      300.1324010 MHz
NUC1       1H
P1         12.90 usec
SI         65536
SF         300.1300052 MHz
WDW        EM
SSB        0
LB         0.30 Hz
GB         0
PC         1.00
  
```