



```

NAME      D0073-WJ-1229-20141230-HNMR
EXPNO     1
PROCNO    1
Date_     20141230
Time_     10.29
INSTRUM   spect
PROBHD    5 mm PABBO BB-
PULPROG   zg30
TD         32768
SOLVENT   DMSO
NS         8
DS         0
SWH       8223.685 Hz
FIDRES    0.250967 Hz
AQ         1.9923444 sec
RG         203
DW         60.800 usec
DE         6.50 usec
TE         293.8 K
D1         1.00000000 sec
TD0        1

===== CHANNEL f1 =====
NUC1       1H
P1         16.05 usec
PL1        0.50 dB
PL1W       9.73843670 W
SF01       400.2324716 MHz
SI         32768
SF         400.2300000 MHz
WDW        EM
SSB        0
LB         0.30 Hz
GB         0
PC         1.
    
```